

FY2015 CHNA&HIP Progress Report

Boone County

Community Health Improvement Plan

GOAL	Strategies	Progress on Strategies
By 2015 the rate of obesity in children and adults in Boone County will decrease by 2%. Baseline: 30% adult obesity rate in 2010. 22-32% of high school students are in the low healthy and poor zones for fitness testing in the Boone School district (per 2010 data)	Develop a workgroup: Develop a workgroup: New strategy from Boone County	Using current workgroups in county.
	Hospital community health needs assessment done June 2013 - "Take lead in creating a community task force to focus on obesity issue".	
	Assess resources already available in the county.	Ongoing
	Partner with area community resources to promote physical activity and nutrition	Many organization/groups in county are participating in wellness programs through their business or school. Promoting Live Healthy Iowa . May 2014 Hospital continues to promote wellness/exercise programs throughout Boone County. May 2015 Hospital continues to provide educational programs to the community on Healthy Eating with outside speakers (Fareway Grocery, Iowa Soy Bean Council) average of 30 people attend each session. Provide Yoga and Pilates classes for staff. Decathlon was held in Boone in May of 2014, in the Final stages of planning for 5k and 10k run at the High Trestle Bike Trail in Madrid in June.

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	Explore funding sources for weight management	Exploring funding for the Walking School Bus program and the Older Iowans I-WALK program. Programs presented to Board of Health on 2/26/13 and received their approval. May 2014 - Walking School Bus didn't pick up in popularity during the trial period. Will Continue to explore this program and hopefully with time, patience, and the right people heading it up, the program could become a very viable option for Boone. The end results of the I-WALK project were presented to the City of Boone, City Engineer and Boone City Council to make them aware of the potential hazardous areas that could use renovations. The information was well received and noted for future reference.
	Involvement in upcoming fairs and events to promote nutrition and physical activity	May 2014 - Participated in Children's Fair at the Boone Middle School on 4/5/14 with approximately 300 attending. Many booths and information on nutrition and exercise. Participated in the Sr. Expo 9/23/14 there were booths for nutrition as well as exercise/fitness there also. April 11, 2015 participated in the Children's Fair at the Boone Middle School with over 500 attending this year, once again there were booths for nutrition and exercise/fitness. Planning is currently underway for the Sr. Expo this fall.

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	New strategies from Boone County Hospital Community Health needs assessment done June 2013: (1) Investigate "Blue Zone" criteria and Healthy Iowa program for possible implementation at the Hospital, (2) Work with other local community organizations and businesses to develop an educational series on healthy eating.	May 2014-No current obesity rate found. The 2011 Overweight/obesity rate for Boone County was 74.2% (state rate 67.0%). Hospital representative met one time with community leaders to look at "Blue Zone" criteria. No further meetings or activity have occurred. Boone County Hospital has had 2 educational sessions for the community on healthy eating. May 2015- Boone County Hospital has had 2 educational sessions on healthy eating for the community. The current published Adult Obesity rate is 30.0% for Boone County, there was no data for children found.

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By 2015 education related to mental health issues for emergency response personnel and other community partners will have been done and a plan for ongoing education will be in place.	Develop a workgroup to identify education needs	Partnering with Boone County Hospital as the lead for the group. May 2015-No further progress.
	Identify training needs of community partners	Ongoing
	Explore resources available for mental health education for community partners	2 staff sent for Management of Aggressive Behavior (MOAB) training in June 2012. They will now train others in the county. May 2014 - No additional staff training has been done at this time due to lack of time and resources. May 2015 - Boone County Hospital is working with an entity to implement Mental Health Triage in their ER.
	Explore funding for trainings	No activity. May 2014 - No additional funding found for trainings at this time. May 2015 -No activity conducted in the past year due to lack of funding and resources.
	Provide trainings and plan for ongoing education	Planning for rolling out training to partners continues. May 2014- Lead person at Boone County Hospital is Mark Addy, Emergency Preparedness Coordinator. May 2015 -
	New Strategies from Boone County Hospital Community Health Needs Assessment done June 2013: (1) Investigate the addition of an outpatient geropsych program, (2) Take lead in developing a community task force that meets regularly to address access issues, (3) Continue to advocate for expanded Medicaid coverage and Mental Health redesign in Iowa, and (4) Investigate adding a psychiatric specialist to outreach program in specialty clinic.	(1) Hospital looked into outpatient geropsych and decided it was not feasible due to poor reimbursement. (2) Committee of emergency room staff, emergency room physician, and judicial law enforcement met to discuss the process of dealing with mental health issues. (3) May 2014 - Have had staff from Broadlawns at the Free Clinics in Boone to help people sign up for Medicaid. Those without health insurance are assessed when enter the ER and referred to contact person at the hospital registration area to assist in signing up for coverage (4) Hospital looked at adding a psychiatric specialist to specialty clinic but were unable to find any currently. May 2015- Hospital is working with an entity to implement Mental Health Triage in their ER. Coordinator of the Free Clinic now refers anyone that is not covered by insurance to the person at patient registration at Boone County Hospital to assist with signing people up.